

Families Living with Rheumatic Diseases is a unique and dynamic program that provides education and therapeutic support to children, adolescents, and parents. We provide a safe and fun environment where children and families can learn more about their conditions, share experiences, and learn to live successfully with a chronic illness.



Families Living with Rheumatic Diseases Support and Education Group Partners and Donors

Arthritis Foundation

COACHART

Erin Estrada and Family

Juvenile Arthritis Association

LUPUS LA

Otis Booth Foundation

Families Living with Rheumatic Diseases Support & Education Group



<http://www.CHLA.org/RheumKids>



Program Format

Meetings are held once every two months from 9-11:30 am at Children's Hospital Los Angeles. There are separate discussion groups for younger children, older teens, and parents (including a group for Spanish speaking parents). Each session focuses on a specific aspect of life with a rheumatic illness. Your family is welcome to attend one or all of the sessions. Siblings older than 5 years may participate in a supervised arts and crafts group during the meeting.

Sessions for 2018

February 3, 2018
"Building Community"

April 14, 2018
"Managing Stress and Fatigue"

June 9, 2018
"Making Transitions"

August 11, 2018
"Reaching for the Stars"

October 13, 2018
"Be Your Best Advocate"

December 8, 2018
9—1230pm extended hours
Holiday Wrap up and open discussion

Location

Children's Hospital Los Angeles
4650 W Sunset Blvd
Los Angeles, CA 90027

New Hospital Building Conference Center

Please park in the hospital visitors' parking lot. Parking validation will be provided.

"Even though I've been living with lupus for 5 years and have a lot of knowledge of my disease, this group taught me things that I could never learn on my own. I also made new friends and we still keep in touch and continue to support each other."

Participant, Age 15

"Our need to have correct information and an outlet for our range of emotions was very high: that is where the Support Group at Children's Hospital was a life-saver. The support group was exactly what we needed at a very uncertain time. The support group also gave our daughter a chance to meet other kids who had Lupus and made her feel like if others had made it, she could also."

Parent of participant, Age 11

Registration Form

Available <http://www.CHLA.org/RheumKids>

Child or Young Adult's Name: _____

Parent or Guardians' Names: _____

Siblings' Names/Ages (above 5 yrs old): _____

We will attend the following sessions:

- ◇ February 3, 2018
- ◇ April 14, 2018
- ◇ June 9, 2018
- ◇ August 11, 20178
- ◇ October 13, 2018
- ◇ December 8, 2018

Phone Number(s): _____

Email Address: _____

Mailing Address: _____

Please send by mail or fax to either:

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