

Families Living with Rheumatic Diseases is a unique and dynamic program that provides education and therapeutic support to children, adolescents, and parents. We provide a safe and fun environment where children and families can learn more about their conditions, share experiences, and learn to live successfully with a chronic illness.



Families Living with Rheumatic Diseases Support and Education Group Partners and Donors

Arthritis Foundation

COACHART

Erin Estrada and Family

Juvenile Arthritis Association

LUPUS LA

Oatis Booth Foundation

Patty Emerson (Disney Cast Member)

Families Living with Rheumatic Diseases Support & Education Group



<http://www.CHLA.org/RheumKids>



Program Format

Meetings are held once every two months from 9-11:30 am at Children's Hospital Los Angeles. There are separate discussion groups for younger children, older teens, and parents (including a group for Spanish speaking parents). Each session focuses on a specific aspect of life with a rheumatic illness. Your family is welcome to attend one or all of the sessions. Siblings older than 5 years may participate in a supervised arts and crafts group during the meeting.

Sessions for 2015

February 14, 2015
"Building Connections"

April 11, 2015
"Talk to the Doc"

June 13, 2015
"Becoming Our Best Selves"

August 8, 2015
"Navigating School Systems/Getting Support"

October 10, 2015
"Food =Fuel"

December 12, 2015
9—1230pm extended hours
Holiday Wrap up and open discussion

Location

Children's Hospital Los Angeles
4650 W Sunset Blvd
Los Angeles, CA 90027

New Hospital Building Conference Center

Please park in the hospital visitors' parking lot. Parking validation will be provided.

"Even though I've been living with lupus for 5 years and have a lot of knowledge of my disease, this group taught me things that I could never learn on my own. I also made new friends and we still keep in touch and continue to support each other."

Participant, Age 15

"Our need to have correct information and an outlet for our range of emotions was very high: that is where the Support Group at Children's Hospital was a life-saver. The support group was exactly what we needed at a very uncertain time. The support group also gave our daughter a chance to meet other kids who had Lupus and made her feel like if others had made it, she could also."

Parent of participant, Age 11

Registration Form

Available <http://www.CHLA.org/RheumKids>

Child or Young Adult's Name:

Parent or Guardians' Names:

Siblings' Names/Ages (above 5 yrs old):

We will attend the following sessions:

- ◇ February 14, 2015
- ◇ April 11, 2015
- ◇ June 13, 2015
- ◇ August 8, 2015
- ◇ October 10, 2015
- ◇ December 12, 2015

Phone Number(s):

Email Address:

Mailing Address:

Please send by mail or fax to either:

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