Meet Our LUPUS HEROES

February is the month of love – the love of ourselves and of those around us.

Let me introduce you Elle Jones. Elle is a leader in helping lupus patients, like herself; feel empowered to elevate their lives and those around them through knowledge, the power of positive thinking, and the will to never give up.

Elle contacted Lupus LA after she had a life-threatening lupus flare in 2011. "After a month-long hospitalization in ICU, I knew that if I survived, I wanted to dedicate my life to being an advocate for the millions of people like me living with lupus, particularly young girls & women."

Elle joined our support group at The Howse Foundation on the second Saturday of the month from 10:30am - 12:00pm in Rancho Cucamonga.

It started with a phone call. As a wife and mother of three, Elle never seems to stay put for very long. She is "passionate about life, family, women's empowerment & health, and raising lupus awareness." Elle created a platform for her work called ELLEVate NOW!™, LLC. It was created to inspire change, empower many, elevate the lives of women and their families, and raise lupus awareness through a myriad of creative multimedia projects and strategic partnerships.

Elle has been an active member of the Lupus LA family ever since and is the Co-Chair of our Lupus LA Social Awareness Volunteer Initiative (SAVI). She has spoken on our behalf at patient conferences and has worked with city officials to secure Lupus Awareness Proclamations.

Elle shares that "it is Lupus LA's patient programs, emergency grant fund, and their commitment to raise funds for research that reaches far beyond the Los Angeles area that drew me to Lupus LA. Their commitment and focused dedication to the lupus community is unmatched on a national level."

Elle's most recent commitment is as a proud new member of Team LupusLA – our LA Marathon 5K Team. Come and join Elle as we run to raise funds to find a cure. To support Elle or to create a team of your own, check out www.lupusla.org.

To learn more about Elle and her work check out her website at www.ellevatenow.com.

Nicole Fogel and Dr. Daniel J. Wallace at the 2014 LA Big 5K.

February 2015

What can my donation do?

Every dollar you donate counts at Lupus LA. Here are some of the ways your donation can help support our programs and initiatives:

DONATE HERE

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$ 100 = One (1) monthly adult support group session

$ 250 = One (1) monthly pediatric support group session

$ 500 = One (1) Emergency Grant for a lupus patient

$ 750 = Sponsorship for one family to attend a special summer camp for kids with lupus

$ 1,000 = One (1) week for a Rheumatology Fellow

$ 5,000 = Two (2) weeks of Scientific Research

$10,000 = One (1) day-long Patient Conference

Lupus LA has added so much to my life that it outweighs what lupus itself has taken.

- K. Elle Jones

K. Elle Jones

Elle and her family

Lupus LA Staffer Megan Hatch, Board Chair

Adam Selkowitz and Elle at SoulCycle.

Questions or comments? E-mail us at info@lupusla.org or call us at (310) 657-5667.

2015 is our year of the Lupus Hero. Each month Lupus LA will focus on a new Lupus Hero. Through the retelling of people's stories, we can continue to grow our lupus community. If you or someone you know would like to share their Lupus Hero story, please contact us at info@lupusla.org.