Families Living with Rheumatic Diseases

is a unique and dynamic program that provides education and therapeutic support to children, adolescents, and parents. We provide a safe and fun environment where children and families can learn more about their conditions, share experiences, and learn to live successfully with a chronic illness.

Families Living with Rheumatic Diseases Support and Education Group

Partners and Donors

*Arthritis Foundation*

*COACHART*

*Erin Estrada and Family*

*Juvenile Arthritis Association*

*LUPUS LA*

*Otis Booth Foundation*

[Families Living with Rheumatic Diseases Support & Education Group](http://www.CHLA.org/RheumKids)
Program Format
Meetings are held once every two months from 9-11:30 am at Children's Hospital Los Angeles. There are separate discussion groups for younger children, older teens, and parents (including a group for Spanish speaking parents). Each session focuses on a specific aspect of life with a rheumatic illness. Your family is welcome to attend one or all of the sessions. Siblings older than 5 years may participate in a supervised arts and crafts group during the meeting.

Sessions for 2019

February 9, 2019
“Building YOUR Community”

April 13, 2019
“Finding YOUR Beet”

June 8, 2019
“Reaching for the Stars”

August 10, 2019
“Speaking UP and OUT”

October 12, 2019
“Chat with your Medical Team”

December 14, 2019
“Come Celebrate 10 years!”
8:30 Registration 9—1:00 pm

Location
Children's Hospital Los Angeles
4650 W Sunset Blvd
Los Angeles, CA 90027
New Hospital Building Conference Center
Please park in the hospital visitors' parking lot. Parking validation will be provided.

Registration Form
Available http://www.CHLA.org/RheumKids

Child or Young Adult's Name:

Parent or Guardian’s Names:

Siblings' Names/Ages (above 5 yrs. old):

We will attend the following sessions:
◊ February 9, 2019
◊ April 13, 2019
◊ June 8, 2019
◊ August 10, 2019
◊ October 12, 2019
◊ December 14, 2019

Phone Number (s):

Email Address:

Please send by mail or fax to either:

Jabneel Swimmer
Children’s Hospital Los Angeles
4650 Sunset Blvd,
MS #60
Los Angeles, CA, 90027

Even though I’ve been living with lupus for 5 years and have a lot of knowledge of my disease, this group taught me things that I could never learn on my own. I also made new friends and we still keep in touch and continue to support each other.”

Participant, Age 15

“Our need to have correct information and an outlet for our range of emotions was very high: that is where the Support Group at Children’s Hospital was a life-saver. The support group was exactly what we needed at a very uncertain time. The support group also gave our daughter a chance to meet other kids who had Lupus and made her feel like if others had made it, she could also.”

Parent of participant, Age 11